

REVERED MASTER'S LETTERS

TO

ANDRE PORAY

The exchange of letters between Andrew and Babuji was not very large in number, but their love was quickly seen by all who came into contact with them. His devotion to his Master Babuji has always been unflinching.

Letter No. 1

NO.C94

Dated: 02/03/1968

My Dear Poray,

Received your affectionate letter. I am happy that you are doing the meditation quite alright and I hope you will see one day that you are transformed. My services are there, whole-heartedly for spiritual well being. You feel the light that means the Yoga commenced according to the Yogic Philosophy by Patanjali. After some time, the experience of the light fades away giving place to some things higher than that. *Nasadiya Sukta* of *Rigveda* says for Reality that there is neither light nor darkness. The sun never shines there. It is a peculiar state of being which is enjoyable by being itself. Now about peace you have mostly come to the point. For this expression I can only coin a word as 'nonpeace peace'.

I am sorry that the reply of your letter is delayed because I was very badly suffering from headache, which is now being subsided.

Yours affectionately

Sd/- Ram Chandra.

Letter No. 2

NO.C155

Dated: 25/03/1968

My Dear Poray,

Received you affectionate letter. It is so nicely written that I admire every word of it. It speaks that some thing very high has been ordained by Nature for yourself. I am an open book to everybody and think you as a part and parcel of my own self; hence I reveal it to you that I have given you such high dose, which will transform you entirely.

There are two kinds of experience: the imaginative and the Divine. Imaginative experiences also have got the touch of Divinity, if the abhyasi is following the right path. There comes a time when the imagination itself merges in purity and the system begins to be divinized. When the journey of *chakras* (plexes) starts we have the experiences connected with it. There are experience in the *chakras* and the same become rarefied as we proceed on till every thing disappears and the man appears in its naked form. I am sending you a book, "Towards Infinity" by airmail.

With blessings,

Yours affectionately

Sd/- Ram Chandra.

Letter No. 3

No. C224

Dated: 18/05/1968

My Dear Poray,

Received you affectionate letter, but I am very sorry that I replied it with delay. I am grateful to you that you have started work and the time is not far off that it will bring fruits. The world today really wants peace and they should be helped in gaining it. You have been called again at Marseille. That is the sure sign that they grasped the talk and to hear you again on the same subject. In this

way they will create interest in themselves and inspire for something higher. Really speaking, you are sowing the seed for the plant to grow and bear fruits.

I am happy that you will speak about transmission and you will do well, I am sure. Really speaking somehow we should be in touch with the higher consciousness, with the result that our human consciousness may transform itself to higher one. Regarding peace, if you transmit anybody he will surely feel peace in one or two sittings.

With best wishes,

Yours affectionately

Sd/- Ram Chandra.

Letter No.4

No.C360

Dated : 02/09/1968

My Dear Poray,

Received your affectionate letters, I am very happy that you have started the work for the spiritual benefit of suffering humanity. I have full confidence that you will do well and your labour will be fruitful. May God bless you! I am also transmitting you from this place off and on and I hope that you will soon find yourself at the higher regions. I have also permitted here Robert Koch for the work and he is very soon going to start his work at Krempton (Germany).

You have done well that you have started translating the book "Towards Infinity" in French. All the abhyasis, who tread the path of righteousness passes through the conditions depicted therein. Those who are sensitive they feel it. Shri P Rajagopalachari with his father and Dr. K C Varadachari along with some other abhyasis were here for four days. Dr. K C Varadachari had given talk on Sahaj Marg at Delhi, Shahjahanpur, Lucknow, Allahabad and Calcutta.

A few French students stayed with me for four days. They are still touring in India. I have given them your address since they felt interested in spirituality.

I am sorry that I am replying your letter with so much delay. It is due to the fact that my typist was taken ill. Now he has recovered from his long illness. I am now replying the letters.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.5

NO.C466

Dated : 22/24-10-1968

My dear Poray,

I believe you have received my previous letter. I am touring South Indian from 23rd November 1968 till 6th January 1969. I am sending you the tour programme for your convenience to know my whereabouts during this period.

I am confident that your labour for the common benefit to the humanity has begun to yield fruits. Success shall attain you are no long. I feel the signs necessary for the spread of this type, so dear to yourself and me. I have started to give you higher approaches, although it takes time but my intention is there for that. I wish to see you again and again.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.6

NO.C202

Dated 28/03/1969

My dear Monsieur Poray,

Received your affectionate letter. I am happy that you are doing good work for the spiritual uplift of the mankind. I feel that the field is created in a part of France. When you were with me in the South you said that a number of people in France say that if there is any God please show me. It is just a question to be asked from a wise man to show us the wisdom, which he has got. Nobody has seen electricity but by its working we know that there is some power behind it, we call electricity. Really speaking as we proceed, we begin to imbibe the Divine qualities and mind begins to work as you direct. All these things assure us that we are flying in some higher plane and the life becomes worth living.

I hope that now you are doing well.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.7

NO.C869

Dated 17/09/1969

My dear Poray,

Received your affectionate letter, I believe you are in receipt of my letter No.C835 dated 10/09/1969. I would have been very happy if I would have met you at Madras again when you are there but it is not possible this time because Herr. Robert Koch is also coming in the end of December or in the beginning of January 1970. So, I will be busy in winter with my European associates.

We celebrate every year the Birth Day of our Master. Next year it falls on 10th February 1970. At this time associates from all over India assemble. We observe this function for 3 days.

I shall be very happy and really I wish that you pass as much time as possible for you with me here. I am very happy to know that you have got some of your own experiences, now you can speak with authority. During our association in South I have given you very deep acting doses and you will continue to reap the benefit of it.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.8

NO.C1018

Dated 31/10/1969

My dear Poray,

I have already replied your last letter and I am very happy to write you again that I am delighted to see your condition when I peep into you for the sake of work. May God bless you!

I have already intimated to you that this time it will not be possible for me travel along with you to the South. You may pass as much time as you have to your disposal with me here. I think all the members of the Mission as one family and you are one of them.

I came to know through the letter of Mr. C A. Rajagopalachari, who is visiting European countries that you want to fly from Rome to India on 20th November 1969. If you have fixed up the date of starting please inform me the date and time of your arrival here.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.9

NO.C223

Dated 13/03/1970

My dear Andre Poray,

Received your affectionate letter. During my last trip to South, I visited Raichur also, where I got seriously ill. I recovered after about a week. Now I have begun to improve. Mrs. Davis has also intimated to me your arrival at London. She along with her husband will be spiritually benefited also by your presence there. I am happy that your condition is good. I feel that is expanding within you. In other words, inner sphere is being widened to touch the Infinite. You have written in your letter that you had feeling of shower of energy or vibrations. That is the descent of His grace. You have written a very good sentence in your letter in the context of going to Belgium that all this is going on like water to the river. It is the condition where we do not form the impression of thoughts and the actions. Here in Sahaj Marg system formations of Samskaras or impressions are ceased and effect of the past karmas (actions) according to the Hindu philosophy is mostly reduced and fried. In this way we end the circle of rebirth. When I had given you permission of work at Madras, I have told you that I am with you. Now, its verification is there as you yourself write, 'you are just near me'.

Herr Robert Koch, our German preceptor is coming here on 20th March 1970 after staying for 4 days at Madras with Mr.P.Rajagopalachari.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.10

NO.C510

Dated 17/06/1970

My dear Poray,

Received your affectionate letter. I am happy that you are doing the work of the Mission with interest and your labour will be fruitful and humanity will rise. The students coming to India are also welcome to my house. Your people can rise very much. If they work, they will work with enthusiasm. I am not going anywhere till August 19 70, unless the necessity presents itself.

I am intending to construct 4 rooms in western style for the stay of our European associates. Rainy season is the difficulty. After construction it will be convenient to stay for them.

You have asked me a few questions and you yourself have correctly replied them. The state of emptiness is the highest state and really speaking liquidation is fullness. By transmission the level of emptiness improves and the man is cleaned off. Emptiness is really a part of Reality. Then you write, ".....then I suppose, will come the level where emptiness and fullness have no meaning."

I am exceedingly happy to see the sentence from you and I appreciated it very much. It is a fact beyond doubt the Ultimate Reality, so to say.

Yours affectionately

Sd/- Ram Chandra

Letter No.11

NO.C972

Dated 01/10/1970

My dear Poray,

Received your affectionate letter. I am very happy to see that you are doing very good work in Europe for the moral and spiritual uplift of the mankind. As far as I think, all of us will have to come consciously or unconsciously to the spiritual side if we want to maintain peace in us. The world is full of tumult and disorder that everybody knows. We have come not to destroy the creation but to make it in perfect order. I call a man perfect if both sides are perfect, I mean to say that this world where we live and other world

where we have to go. Herr Robert Koch had written to me that his wife Mrs. Ruth would be coming to India and stay with me in the month of December. As the month of December is far off so, I have not yet enquired about her arrival. At the time of his departure he also said that his wife would come in December 1970 and he in 1971. I also received a letter from Mrs. Davis saying that she would come to India in the first week of January 1971 and she wants me to be with her in Madras.

I had no programme of South this year, but Dr. K C Varadachari of Tirupati wants me at Tirupati to attend the third seminar of the Research Institute, which was going to be held on 11th October 1970. I have written to him to have it in the first week of November 1970, if he want my presence, because now a days I am very weak on account of work doing in low blood pressure. It will take about a month to recoup my health. I shall go to Tirupati for about a week or so if the date of the seminar is changed. I am happy that you are again coming to India and will stay with me. I will call here Shri P. Rajagopalachari also. I have finished construction of the four rooms kept apart for our European associates. You will find them just as Europeans like. Now, you will not feel trouble at all, when you fix the date I will then be in a position to decide to meet you again in Madras.

I celebrate the birthday of my Master which falls on January 31, 1971. So from 18th of January to 5th of February 1971 I will not be able to move out from Shahjahanpur. So many members of the mission take part in it.

Yours affectionately

Sd/- Ram Chandra

Letter No.12

NO.C1207

Dated 01/12/1970

My dear Poray,

Thanks to receive your affectionate letter. My health has begun to improve since the commencement of winter. I work with rest, still the work is heavier, and I want more and more work, because I am for this purpose.

I am happy that yourself, Mr. and Mrs. Davis are coming here. The arrangement of bedding is here. If any of you need more it will be available here. I will be very happy if all of you participate in the birthday function of our Master. The dates of the celebration of the functions are 30th and 31st of January 1971 and 1st February 1971. I have got constructed four rooms with attached bathrooms. So you will find no difficulty. About my going to Madras I will like to do what you wish provided some other important work does not want me at Shahajahanpur.

Here in India too we have a particular sect who observes silence. But the observance is simply physical and has nothing to do with inner silence. You are perfectly right that there are different levels of silence. Physical silence does not give the experience of those levels. Inner silence is of course a spiritual condition, which is silence in silence. Inner silence even grows lighter and lighter as we proceed on. There comes a time when even inner silence is lost. When it comes, we feel in and out or in other words all in silence. I have a mind to give provisional permission to Mrs. Davis and she has agreed to work for the Mission. I am going to take up your case shortly for your further approach.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.13

NO.C1232

Dated 18/12/1970

My dear Andre,

Received your affectionate letter. I believe you have also received my letter sent previously. The date 19th suits me well. Mrs. Ruth Koch is also arriving here on the morning of 1st January 1971 from Madras. She will stay with me for about two weeks.

In my opinion the meditation has all along been with the creation and it continued for ages. In the middle ages we had begun to drift from it with the result that we have begun to come under the lower strata of humanity. Now the very degeneration found a necessity of the meditation again and directly or indirectly, we admit that it can give peace to the disturbed souls. Today our animality brings to our memory to the past which we have lost, because when any vicious thing comes we begin to compare it with its opposite.

I appreciate the idea of Sahaj Marg Monastery in France. I pray that your noble idea may find fulfilment. May God help you in your endeavours!

The book presented to you by the Chief Abbot is in English or French?

Yours affectionately

Sd/- Ram Chandra

Letter No.14

NO.C2

Dated 05/01/1971

My dear Poray,

Received your affectionate letter. Your friend Mr. Sharma is welcome. I will surely read the book on spiritual ways of Catholic Monks during those days. If you can spare easily one for me translated in English. I shall be very grateful. I shall ponder over it to bring out good things helpful to the spiritual need of humanity.

We celebrate the birthday of our Master on Basant Panchami day, the day when he was born. This year it comes on 31st January 1971 which is the chief day of the functions. The function starts from 30th morning at 6.30A.M. will last till 7.30 A.M. on 1st February 1971.

I shall be happy if you stay here on Sunday the 31st and on Monday, the 1st to have the full benefit of the function.

I have started my spiritual work on you that I may find you prepared for the next higher region. Mrs. Ruth Koch is now reaching here about 16th January

1971 as I have been informed by Mr. Rajagopalachari of Madras. She was programmed to be here on 1st January 1971 but owing to the strikers and tender health she could not travel for a week.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.15

NO.C115

Dated 07/03/1971

My dear Poray,

I believe you must have reached safely. I arrived New Delhi on 27th February 1971, and stayed there a day more than what I had fixed, because Mr. and Mrs. Davis have to stay till that period. They were happy to see me and devoted a good deal of time with me during my stay there.

When I was in Madras you had invited me to be with you in France. I procrastinated in a peculiar way for which I am sorry. Mrs. Davis invited me at dinner in Madras and also in London. I accepted one at Madras; afterwards I thought it over and come to this conclusion that I must not disappoint you and Mrs. Davis, my affectionate associates. I will, therefore, visit all the centres of West in April or May 1972. This time Mr. Rajagopalachari is going to West who by your effort will establish 'Satsangh' in all centres so that I may find work for myself.

I received a letter from Mrs. Davis from Airport at Delhi promising again for the work ahead. Now you have got sufficient help for furthering the cause of the Mission. Mrs. Birth Haugaard at Denmark has written to Shri Rajagopalachari when I was at Madras that she would be coming to Shahajahanpur along with the two associates in the month of April 1971. I welcome them but the month of April is the summer season although the heat is not excessive.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.16

NO.C439

Dated 10/08/1971

My dear Poray,

Received your affectionate letter.

I am happy that you are taking keen interest in the spiritual uplift of mankind. I believe this is the only way to bring peace to the human race. It is good that you start meditation with transmission to others after the speech is over. In this way they are benefitted spiritually also. If they are not able to sit for 15 or 20 minutes by closing the eyes, the time may be reduced.

You can give the name as "Shri Ram Chandra Mission, PARIS".

God had given light to Christ through which he worked; we meditate on that light thus given to Christ by Divinity.

Everyone wants to enjoy life, but none is able to enjoy it except the Saint. The definition by the Saint regarding life is different from that of common man. The Saint enjoys the higher life which is only possible when human limitations are broken off. It is then that unbroken peace descends leading to harmonious living.

Mrs. Davis had a mild heart attack and doctors advised rest for some time. May she recover soon! I am writing to her also.

Shri P. Rajgopalachari will be in London this day. His father, Mr.C.A. Rajagopalachari, is intending to start for the West in the third week of September 1971. He is quite well in health. Would you please write to him to be at Paris on Sunday, the 10th of October and Tuesday, the 2nd of November 1971? He is intending to go to U.S.A. also. If he could establish a centre I may go there too in my tour in 1972, if health permits. One of my associates residing in Washington wants me to be there in my tour.

I was suffering from eye trouble, so the writing work suffered. Now, I am alright.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.17

NO.C76

Dated 03/11/1971

My dear Poray,

Received you affectionate letter dated 23rd October. You are doing good work for the uplift of mankind. The work which you are doing will surely grow and will benefit all who join us.

The voice of Shri Ram Chandra Mission, as you named it, is being heard by so many men. The time is coming when the people will invite you to hear you and follow. Many a little make a mickle. If a little work is repeatedly done, it becomes volume.

I will be very happy to see “Shri Ram Chandra Mission Branch” flourishing when I reach there.

Mr. P Rajagopalachari has returned and now he is in Madras. He will come to you again with me.

With blessings,

Yours affectionately

Sd/- Ram Chandra

Letter No.18

NO.C317

Dated 30/01/1972

My dear Poray,

I am replying your letter dated 22/11/1971 with much delay. When I read your letter I found that I have now begun to produce saints in the West by the grace of the Master. It is a fact without doubt that you are connected with me. The silver thread you have noticed shows the purity of the connections. Afterwards the thread turned into light and that is a step forward.

You have correctly felt that when you transmit anybody you get something. The power descends even when you are in a mood to transmit others. It is for the benefit of the abhyasis. A major part of it falls in the share of the teacher and so the teacher is doubly benefited. When you speak and utter some words a sort of vacuum is created and that gap is filled with the spiritual energy, which comes from within. The basis of words is thought. If thoughts are pure, words will also be pure and effective.

During deep sleep called *Sushupti* in Sanskrit, a man becomes benumbed catching energy from all angles necessary for deep sleep. When energy becomes dull, memory is lost. If memory is there, the man will not come to the state of *Sushupti* because the second thing will not allow him to go to the deep sleep disturbing all the while.

Here, in India when we open any centre of the Mission, we name as Shri Ram Chandra Mission Centre or if it is a branch Shri Ram Chandra Mission Branch. If theosophist has any objection to it you may have "Sahaj Marg Branch".

I am reaching Madras on 11th February. I may be there by the end of February. Programme will be finalised in Madras in consultation with Mr. P. Rajagopalachari, the Secretary of the Mission. I have obtained Passport already. Entry in U.S.A. was difficult, now the difficulty is over. Mrs. Davis in London is also trying to remove the same difficulty for her country. After that we will apply for Visa. We are trying to start on 22nd April 1972. If Visa is delayed the date may be fixed further.

With best wishes,

Yours affectionately

Sd/- Ram Chandra

Letter No.19

NO.C1065

Dated: 23/07/1973

My Dear Andre Poray,

Received your affectionate letter. Truly speaking every word of your letter is oozing with mild spiritual vibrations, which shows that the true character of the being has begun to display. Really I enjoy your letter and especially this one. So, you may write to me whenever you want not caring for my work and time. Your speech is something else than the others, who are not spiritual. It sits down in the core of the Being displaying itself as it is. I remember cases of my Master, whenever he used to speak a few were almost in trance state. When you speak or I speak there may not be cases like that, but I am absolutely sure it works like injection which will bring excellent result ultimately. It is of course, right that speech was started first and then came the writing so speech carries weight.

In Paris there are two preceptors already working under you and they must be working there selflessly. These things also will count in long run. There is an English proverb: "Many a little makes a mickle", we should try our best to revive our spiritual nature.

I am happy that Jean Michel and other persons are coming to India after 6 or 8 weeks when summer also begins to come to normalcy. I am hoping that Switzerland will surely take up the teachings of the Master and I am also invited by my lady associate to stay there with her. She has written me in such a way as if she is waiting for me from now. Everything becomes old after some time and when new dose is not given they do not get the sense of comparison. For instance, Yoga is the oldest thing in India, but development stopped for some time because they forgot to extract phosphorus from the bones. The things will reach the whole world. I mean the same system will be followed. . We can shorten the time by our labour. What I have written is bound to come sooner or later. For your observation, I am writing to you that there is spiritual awakening throughout the world. You will see also that communists will also adopt the same system in long time to come almost all of us have come to the peace which is the basis of spirituality. When the thing is started it will take them to what is

after peace. So far we know what is before peace, but hardly a few persons know what is after peace. Now, please judge your condition and write to me.

With best wishes,

Yours affectionately,

Sd/- Ram Chandra.

Letter No.20

NO.C-1776

Dated: 20/12/1973

My Dear Andre Poray,

I am so happy to know that you are now alright. I want to see you quite healthy when I reach there. Mrs. Stella Jacquard is giving me stay at her house in Switzerland. I shall write to Mr. Chari to avoid dates on which you have obligation in Morocco and Italy during the month of May 1974. He has kept 10 days for France. I cannot decide dates because the talk about the marriage of my grand daughter is going on, although I wish to be there in second and third week of April 1974.

Before I answer your question, I wish to write the definition of meditation. Meditation is really churning of the milk to obtain cream. River is flowing, if there comes some block towards the wave the water stops. Similarly during meditation, the impressions of the past or of the present day life creep to the heart because a sort of vacuum is created by meditation and the impressions rush into it and we feel that the progress is stopped and it happens almost to everybody. So, stoppage is itself an improvement because after it the condition opens. If we have no memory of the past the memory itself which is dormant works behind the scene, of course, without your knowledge. With best wishes,

Yours affectionately,

Sd/- Ram Chandra.

Letter No.21

NO.C219

Dated: 13/03/1975

My Dear Poray,

Received your letter dated 5th March 1975. I am happy that you are serving the humanity in the best way. When sound of the Mission resounds it falls on everywhere and produces its effects sooner or later. Partly think or do that is all, have its place in the atmosphere when they multiply they become more active and leaves its effects in changing man's character. So our efforts never go in vain. Drops, if continually fall, river is the result. So, we should not care for anything but do the work without minding the results.

Ashram will take roughly 6 to 8 months more. We will try to be there in September next.

With best wishes,

Yours affectionately,

Sd/- Ram Chandra.

Letter No.22

NO. / SP. France

Dated: 25/04/1976

My Dear Andre Poray,

Received your letter dated 19/04/76. The 'Rishis' of yore in India, use to take science when they felt that their super conscious state was in working order and proper adjustment of the faculty was there. It means that they took all these factors for use in the work of realization. Every thing is set right and the result is correct. Double thinking does not work. I give you a few instances. There was a Rishi named Bharadwaj. He was well up in physics and wrote even the weight of prominent stars. For aeroplane, he has written that mercury can be used as fuel. Another Rishi Chanakya of the medieval age has also written scientific and medical books and they are available but their language Sanskrit is very hard. These are the examples which prove that science is not the prominent

part of Realisation. If you keep a diamond before me on one side of the scale and a grain of Spirituality on the other side, I would prefer the Grain of Spirituality than the diamond.

This is the natural trend of the mind of the Indians from bygone ages.

The method we adopt is Scientific and it takes you even beyond matter. When you were at Shahjahanpur I introduced you to the collector of this place. There was some spiritual talk and during that discourse you said that “we are tired of materialism and we are coming to the spiritual side, while India is going towards matter.”

Up to certain level of improvement, science can explain so many things. When we go beyond the matter, science is silent. Our method is Scientific and it ends when we begin at the threshold of Divinity. That is to say we peep from behind and get the result onwards. The whole of the system is vacuumised. (I have cleared this point in my book ‘Efficacy of Raj Yoga’). When you meditate a sort of vacuum is created and the Divinity comes to fill the surface. It comes although uninvited and still you get something and that something is worthwhile having. If a man does not want to improve spiritually, he should have the idea at least in his mind of a baby who loves mother and father both. He gets love from the mother and spends it on his father’s personality. I feel so happy when I think of you and other associate, even before I am there.

With best wishes,

Yours affectionately,

Sd/- Ram Chandra.

Letter No.23

NO. C 948/Sp. France

Dated: August 2nd 1976

My Dear Poray,

Received your affectionate letter, we are bound by ‘Yes’ or ‘No’. But we do not know where to apply ‘Yes’ or where to apply ‘No’. This thing comes from the experience and experience comes from the experiment. When you

think of anything in the affirmative way, it is explained. Further on, if we speak 'no' for certain things then 'no' is explained. When the tension is caused detention goes. When the tension goes detention is there, which is not so heavy but still it is something. When both are gone that can be called the stage of Silence or the partial vacuum. There is no total vacuum, but we want to have as much as is possible. Total vacuum is God alone. When we merge in Divinity, the state of vacuum begins to dissolve itself, till it comes to the nearest. I think the subject is something other than that of your letter out it gives some knowledge of the Absolute.

Silence is a part of a few grains of spirituality and not the reality itself. If we want to explain it we can say that 'silence in silence', as I have written to you before, is nearer to God. That means silence is itself the seat on which Silence stands. It can be shown practically and that you can do well. Just have an idea and thing will start. Sahaj Marg is a practical method for Realization and by practice alone we can interpret silence. There are so many worms outside, which our naked eye cannot see but they are there. So, silence is there in abstract form, though we may not be able to see it. It can be seen by constant practice. This is other way of explaining the same thing.

"So, by the prayer, we go from outside noise to outside silence. By the cleaning we go from outside silence to inside silence. Internal darkness is an inside noise coming from the tension of the body and of the mind. Removing tension makes a vacuum". It does not sound well. By prayer we come nearer to our goal because we come in contact with the Being. There are two things, a goal of life and you yourself. Now, that yourself wants to merge in its Real Essence hence we derive benefits. If we remove all these things coming in, you will develop only hypnotic power. The same things give you Nectar if methodically done and the same proves harmful if it is not methodical. The method you know already.

Removing the tension means growing lighter, not creating the vacuum. That is a sort of change towards good. State of transference is not a state of totally devoid of limitations, because there is something which allows you to peep into it.

Thoughts during meditation are just like the children playing on the road. When your attention is not towards thought, they are ineffective and are of no value. Thoughts do not disturb you, but you feel disturbed. The best way to get

rid of them, you have yourself said. They rise for the sake of fall. They are leaving their field. Waiting for the Divinity to come in, it is our system that we want to be away from all things not necessary. Point 'B' given in my book 'Efficacy of Raj Yoga' is the homeland of impressions. When the force of meditation tears off veil of the heart, these thoughts are attracted because of a little bit of vacuum, which is there. When thoughts arise you feel disturbance. So the thoughts do not meddle with you. You meddle with them.

With blessing to all of you,

Yours affectionately,

Sd/- Ram Chandra.

Letter No.24

NO. 623

Dated: December 23rd 1976

My Dear Andre Poray,

Received your letter. If anybody asks a question, you should think of what he says and then reply applying your mind regarding the nature of your reply. For you, it is not very difficult because you have been doing engineering jobs which need quick thinking and decision. In my opinion you should apply the same technique in such replies as well. I use the word 'nothingness' for 'God' but only nothing is not used 'ness' is also there. When we think of the subtlest thing, the idea turns backward in search of the thing which is really there. If you say 'yes' the idea of 'no' is also there. So, 'He is neither 'no' nor 'yes'. If I say 'no' the idea of nonexistence is there. If I say 'yes' the idea of existence is there and He is beyond both. Please think now what word can be used the same 'Nothingness' and not 'yesness'. In short, our ultimate goal should be the Ultimate Himself in whatever condition he may, with that we do not have much concern.

Eric and Fannete have reached here. Jean Michel is also welcome.

I have given time to one of my able associates for about a fortnight, that is from 1st to 15th March 1977. Afterwards I may be free for about a fortnight.

From 1st April 1977, I will be out of the country visiting Singapore, Bali and Malaysia etc... In South East Asia. For this purpose, it will take nearly whole of the month of April 77 and I may devote two weeks further to the centres of South India.

With blessings.

Yours affectionately,

Sd/- Ram Chandra.

Letter No.25

NO. 915

Dated: January 21st, 1977

My Dear Andre Poray,

Received your letter dated 05/011977. Jean Michel and others have arrived and are here these days. They are staying here till Basant Panchami. They are all doing well. Your thought about the romantic love is good. Really we are living in the world which has been spoiled by us, and it can be called a Prison as you have written. We imbibe the vicious thoughts and its effect is there in the world. Transmission is the Divine energy and it is something other than Emotion.

With blessings,

Yours affectionately,

Sd/- Ram Chandra.